

# **Berea Parks and Recreation Cardio Tone Registration Form**

**When:** Monday's and Wednesday's

ALL classes are 5:45-6:45pm for ages 14 & Up

**Where:** Russel Acton Folk Center on Jefferson Street

**Cost:** \$3.00 per class

Or

Cardio Tone: 10 visits for \$25

20 Visits Combo Card (includes all Classes) for \$50

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Any medical conditions that the instructor needs to be aware of:

Any suggestions or ideas for fitness classes you would like to see offered:

## **DEPARTMENT OF PARKS AND RECREATION RELEASE AND WAIVER**

I, \_\_\_\_\_, do hereby agree to indemnify, save and hold harmless,  
(participant signature)

the City of Berea Parks and Recreation Department and Recreation staff, instructors, or any of their agents or representatives for my health, safety, or injury resulting from my participation of the Berea Parks and Recreation Exercise Classes. In addition, I understand that I shall assume full responsibility and liability for my actions during my participation with the Berea Parks Department events.

Date: \_\_\_\_\_